The Art of folding paper in your hands

# An invitation to the practice of folding paper

# Michel Lucas



## Walk in the land of folding



Red-Throated Colibri design Michael G. LaFosse



Hedgehog design Kouji Nakagawa



lady's-slipper orchid design Kalei Anne Lundberg

Design and layout: Michel LUCAS



Roses design Robert J. Lang



Perpetual Flower design Dasa Severovà



Centipede design Manuel Sirgo Alvarez

Models, diagrams, foldings and photos of Michel LUCAS, unless otherwise stated. This book is offered to you. You can broadcast it as much as you want. Thanks to Nicolas Terry for making this available on his site.

#### Who is this book for?

Origami has known and is experiencing a tremendous development since the 1950s. We have gone from traditional Japanese folds, almost immutable, to folds invented by designers from all countries, using increasingly advanced and mastered techniques. New sources of inspiration have made it possible to diversify the branches of this growing art. This book aims to make you want to explore some spaces in this forest.

#### Which audience is targeted?

- people who have heard of origami, do not know what it is, and would like to know what it is without daring to ask;
- people who only know the folds of their childhood (the flapping bird, the fortune teller, the crane, the paper casserole) and would like to know if other folds exist;
- folders eager to discover new facets of their art and wishing to go further in the knowledge of origami today;
- probably not the experienced folder, who think they know everything about this book, but who could, however, advise it to those who want to know everything about this art!

#### How to use this book?

Three routes are available:

- the route in pictures

Simple visual exploration of the world of paper folding, the walks offer you a collection of photos of models created by master folders of all countries and folded by the author. Their variety and possible complexity will surprise you. We are far from the paper casserole!

- the discovery course

Numerous texts dot the book. They make it possible to understand the relevance of each chapter or each model. They allow you to familiarize yourself with the specific vocabulary of origami.

#### - practical work

Each chapter is accompanied by diagrams, a series of diagrams describing the procedure for folding a model. Easy to do, they are accessible to everyone, including beginners. A little perseverance and passion, and you will have a small collection that will amaze those around you!

These three routes can be done sequentially or randomly, entirely or not, at your choice. But they must be accompanied by a systematic search for additional information on the internet. The technical terms used, the names of the creators, the names of the models are all potential entries for your favorite search engines. This is the hidden part of this work.

If this book allows you to get the keys to enter the wonderful world of paper folding, then perhaps I would have achieved my goal: to have made you want to make it your hobby!

# Index

#### The route in pictures



#### **Discovery course**

Introduction	6
Which paper to use?	7
Know how to read and use a diagram	8
One solfège des plieurs	9
Some traditional bases	10
4 models to fold	12
Geometric constructions	18
Divide into three or into five	19
Know how to create elementary shapes	. 21
Create a square or a rectangle	22
Create regular polygons	24
Box pleating	29
Three models to fold	30
Modular origami	34
Four models to fold	35
3D balls, kusudamas and other polyedra	45
Three models to fold	46
Tsunagiori style folding	54
Examples of foldings	55
Introduction to tesselations	60
Two models to fold	. 61
Crumpling	70
Two models to fold	. 72
Folding books	75
Notion of crease pattern	79
Some models to fold	80
To go out into the beau monde	. 85
Who are you Michel Lucas?	86

#### **Practical work**

Over the pages, you will find the description of the folding of about twenty models. Their level of difficulty ranges from one to three stars on a scale of 5.

Some representative models are illustrated on this page. You will also find three traditional models: the lily on page 14, the crane on page 15, the traditional casserole on page 16. Other folds are available. Find them!



p. 12 Pajarita and Heart Francis Ow



p. 35 Brina Star Maria Sisnayskaya



p. 64 Spread Hexagons Yoshihide Momotani



p. 30 Interlocking Rings Jeremy Shafer



p. 48 Decorative Ball Sonobe module



p. 71 Crumpling a Flower



p. 32 Bonhomme Christophe Boudias



p. 61 Twisted Squares Shuzo Fujimoto



p. 83 Neil Armstrong Michel Lucas A selection of models 5

#### Introduction

The evolution of origami through the ages can be compared, all things considered, to that of computers: from a very simple material, many technical inventions and dazzling intuitions have made it possible to go from one hobby with activities limited to the possibility of plunging into a moving but wonderful world, full of discoveries and magnificent results.

Stuck for a long time in traditional Japanese folds, origami was transformed in depth during the creation of diagrams. The creations of the Master Folders could then be transmitted around the world, awakening many vocations with very diverse aspirations and inspirations.

From then on, origami quickly transformed into an "art of folding paper", with its currents, its fashions, its technical inventions, its gurus. Many branches have developed: modular origami, tesselations, left shapes... The production of numerous books and booklets of conventions as well as the appearance of the internet and its means of sharing have led to a beneficial popularization of this art.

Many people then wanted to get into the practice of folding paper. They often encountered the wall of "which end to start ? ".

The forest of books "for beginners" or the flowering of tutorials on the internet makes it difficult to access the diversity of the art of paper folding. Many people give up quickly due to a lack of understanding of the diagrams or a lack of interest in the models offered.

The objective of this book is to make you discover the variety of paper folding, to give you some keys to start entering this universe and, above all, to encourage you to discover everything, to try everything, to doubt, to persevere . It is by folding paper that one becomes an origamist.

One certainty: if you have fingers and paper, you can do it!



To start, let's eliminate a preconceived idea\_: no, it is not compulsory to have special origami paper (naturally Japanese ...) to be able to fold! Any paper can be folded, and there are all kinds.

The most difficult is not to find paper, but to choose the one that will be best suited to the folding to be carried out. Some elements of choice:

- the grammage of the paper (mass per square meter), which can be compared to its thickness. Ordinary printing papers have a grammage of 80 g / m2 We also use more "heavy" papers (from 90 g / m2 to 160 g / m2), but also more "light" papers (from 20 g / m2 to 60 g / m2). The grammage determines a certain hold of the paper. The thicker and denser it is, the more difficult it is to fold!
- the colour. This is certainly one of the elements of the complexity of the choice. You
  will find plain papers in one color (same color on both sides) or two colors (the two
  sides of the sheet have a different color). Note that one of the two colors is often
  white. You will also find papers with patterns, the variety of which may leave you
  perplexed.
- the grain, or the texture: smooth, granulated, fluffy ...
- format: square, rectangular (for example in A4 or A3 format), in rolls like kraft (often 70x100 cm), gift wrap or tablecloths. But you can also use discs or tea bag ...
- dimension: you will find pre-cut papers of all sizes: 5x5 cm, 7,5x7,5 cm, 15x15 cm, 30x30 cm, 65x85 cm ... But you can cut them to the size that suits you best!

Some examples of papers commonly used by origamists and which you can find in specialized stores: so many, kraft, washi, kami, biotope, origamido, lokta, shindanshi, but also toilet, butchery, silk, mulberry, metallic paper, textured, glassine, elephant skin ... and so on and better.

If you cannot find what you are looking for on this list, there is nothing to stop you from making your own paper. You can laminate two sheets in the colors of your choice (for example using methyl cellulose-based glue such as wallpaper glue), or even make sandwich paper using aluminum foil as a support for two sheets of tissue paper.

You can even start a collection of folding papers. Take a close look at any piece of paper that falls into your hands: wrapping paper, gift paper, letter paper, kraft paper, florist paper, single-colored, patterned, small or large, etc. This is not what is missing!

Then try to fold something with the paper you selected. Depending on the result, you will keep or discard the sheet during the test. You will quickly have a large supply of base material!

In summary, fold, take the trouble, it's the paper that misses the least!

#### Know how to read and use a diagram

Diagrams are to folding paper what partitions are to music: a universal tool allowing to understand what are the different stages allowing to realize a complete folding.

Created in the 1950s by Akira Yoshizawa and Samuel L. Randlett, they consist of the description of the folding process using a succession of thumbnails, each with conventional signs allowing to imagine, from a situation given, the fold (s) to be made to go to the next step. They helped move from traditional Japanese origami to universal paper folding.

For more details, consult on the internet https://fr.wikipedia.org/wiki/ System\_Yoshizawa-Randlett/

The basic folds and gestures are brought together in the "*solfège du plieur*", collection of more or less standardized symbols. If a certain de facto normalization exists, debates still stir the community of paper folders and folders today: content of music theory, shape and size of arrows, arrangement of thumbnails, (un) controlled designation of actions, type of dashes for the folds... The main thing is to understand the functions represented, and not to be stopped by minor differences.

Some advice:

- have on hand a music theory of the folder, in order to fully understand the meaning of each symbol.

- first of all fold, look at the whole diagram, to locate the crucial stages.

- know how to differentiate the preparation folds (return arrow), the folds to be made (single arrow) and the marking lines (often traces of folds made previously).

- look carefully at each thumbnail, noting all the details (reference points, shape, colors, lines). Sometimes a very small detail will be of great importance.

- pay attention that a thumbnail shows two states of folding: the result of the execution of the previous thumbnail, and what to do to move to the next thumbnail.

- scrupulously respect the folding sequence proposed by the author\_: there is no point in skipping steps thinking that we will save time!

- get used to using diagrams without explanatory text. When the diagrams are well done, the explanations are useless. In addition, this habit allows you to understand folds explained in any language, and therefore to be interested in creators from all countries.

Thereafter, you will find a "*solfège du plieur*", and, by way of ranges to be made every day, the diagrams of some bases and simple models to fold.

One "solfège du plieur"



One " solfège du plieur " 9

#### **Preliminary base**

In certain cases, the origamist is invited to start by folding a base, that is to say a starting form consecutive to a characteristic sequence of folds. We can compare this basic notion with that of openings to chess: very useful, but not compulsory! We will start with a commented diagram, that of the preliminary base (French: *base préliminaire*).



#### **Other traditional bases**



Other traditional bases 11



Apply the advice given on page 6 to the letter.

Warning! the scale can change from one thumbnail to another, to highlight this or that detail.

Pay attention to the order of the steps, carefully following the numbering. Look carefully at the differences between the thumbnails of the successive stages, you will better understand the meaning of the symbols used.



Pajarita and Heart, Francis Ow 13



This traditional model requires a little attention. Observe the differences from one sticker to another. Some steps require manipulation of the flaps to be able to fold. Don't get lost!



14 Traditional Lily

### Traditional Crane

In this diagram of a traditional Japanese model that has survived the ages, you will find another way to fold the bird base.



# Traditional Pajarita

Very present in French origami imagery, this model has known and still knows many variations. Discover them on the internet, with the keyword *pajarita*!



16 Traditional Pajarita

## Walk in the land of folding



Dancers design Florence Girard



Crane, design and folding Nicolas Terry



Giraffe design Victor Cœurjoly



Yénante design Eric Vigier



Ring-Tailed Lemur design Roman Diaz



The Dancer design Jozsef Zsebe



Organist design Robert J. Lang



Surfboard with its wake design Bernie Peyton

#### **Geometric constructions**

One of the magic aspects of folding paper is the possibility of carrying out geometric constructions without using the ruler or the compass.

Among the first constructions, folding along a parallel to a given direction, or perpendicular to a side, or even obtaining the bisector of an angle are in common use.

But, also, knowing how to divide into 2, 3 or 5 a sheet of paper allows to prepare orthogonal grids very useful for certain folding.

Many articles can be found on the internet, often in teachers' publications in geometry. Books offer a compilation of these techniques.

So start with the next few things, and keep having fun with what you find!



18 Geometric constructions

★ Divide into three

diagram after Francesco Decio



# 🖈 Divide into five

diagram after Francesco Decio



Find out how to add the horizontal divisions.

#### Know how to create elementary forms

The origamist uses both squares and rectangles with precise proportions. He even folds in triangular, pentagonal, hexagonal or octagonal sheets. Knowledge of some methods to obtain one or the other of these forms, by simple folding, without the use of rulers or compasses is therefore necessary.

The following techniques are only a small part of what can be found on the internet or in the literature. So search and train!



Try to fold any other convex polygons: quadrilaterals, pentagons, with any given number of sides, ...

Can you fold any non-convex polygons?



22 Geometric constructions



Geometric constructions 23

# **Create an equilateral triangle**



# ★ Create a regular pentagon





26 Geometric constructions



#### For further

Do not confuse the use of origami for mathematics and the mathematics underlying origami

In the first case, a certain number of theorems or practices of mathematics can be illustrated by folds. Many geometric constructions without rulers or compasses belong to this category: division of sheets, construction of particular angles, creation of particular polygons, up to the trisection of an angle. Valérie Larose and Didier Boursin have written a book on the subject. In the context of primary education, an experiment in teaching geometry to blind children using folds has been successful.

In the second case, we are interested in the theorems which explain and justify the practices of paper folding. Seven theorems attributed to Jacques Justin, Humiaki Huzita and Koshiro Hatori form the mathematical basis for paper folding. They list the seven ways to create a fold by aligning one or more combinations of dots and lines on a sheet of paper.

Since then, origami mathematicians have deepened the question. For example, they demonstrated the conditions for a set of valley and mountain folds to be effectively foldable. They organize, every four years, the OSME (Origami in Science, Mathematics, and Education) congress which reviews research. These theorists include Eric D. Demaine, Thomas Hull, Robert J. Lang, Joseph O'Rourke, Tomohiro Tachi. Their articles are easily found on the internet.

#### **Decline a model from various formats**

The use of regular polygons is a source of creativity. For example, many decorative tesselations or stars are folded into hexagons.

Some models are suitable for folding from different formats. They change their appearance, and are often very pleasant to look at.

You should try! It's easy, but ... it doesn't always work!



Vase, Peter-Paul Förcher





Bouquet of lilies with 3, 4, 5, and 6 petals

#### **Box pleating**

In 1962, Emmanuel Mooser published (very discreetly) a train folding whose innovative technique would amaze the world of origamists (photo below left). For the first time, a set of complex objects was folded into a single sheet of paper, without cutting. Rediscovered later and widespread throughout the world, this process was to be the basis of a revolution: accordion folding (French pliage accordéon).

The basic principle consists in preparing a regular grid comprising folds parallel to the edges of the sheet (square or rectangular) and to the diagonals. This set of alternating valley and mountain folds provides 3D reliefs and as many peaks as desired. An extract from the crease patern (CP) of E. Mooser's train is shown below on the left. A photo of a later variation, much more elaborate, appears at the bottom right, showing the evolution of these folds.

Many folds have since been built on this principle. The technique has been explored from top to bottom, leading to extraordinary achievements. Models created by Robert J. Lang, Andrey Ermakov and Éric Joisel are included in this book. Below right, an extract from the crease pattern of a modern model (Glaucus Atlanticus, p. 44). It illustrates the degree of complexity achieved!



Train, E. Mooser Extract from the CP by R. J. Lang



Glaucus atlanticus Extract from the CP by A. Ermakov



Train, design E. Mooser



Train, design J. A. Iranzo

# **htterlocking Rings, Jeremy Shafer**

Here's a fun model for parties (or weddings) because everyone thinks there are two separate rings.

But when we pull on the two rings to separate them, then, miraculously, it appears that there is only one leaf!

Jeremy Shafer







## Stickman, Christophe Boudias

from the diagram by Christophe Boudias



1 - prepare a 8x8 grid



2 - fold, unfold the diagonals



3 - fold the corners behind



add mountain folds on the small squares



4 - mark the valley and mountain folds as indicated, then shape the guy.You have to get four long points and a little tip.



## Walk in the land of folding

Some variations on the stickman. Practice!



folding and photo Christophe Boudias



Opposite, in a half A4



Stick Woman



The Agitator



folded in a 16x16 grid Walk in the land of folding 33

#### Modular origami

A very lively branch of paper folding is the manufacture of various objects by assembling modules. A module, the basic part of modular origami, has two functions:

- receive another module thanks to a pocket (English pocket),
- hang on to another module thanks to a free flap.

The modules are folded from different formats, and generally only require a maximum of ten folds. The variety of combinations of shapes and colors makes folding modular objects very attractive, even if it can sometimes seem a bit long.

The assembly involves a few pieces (from 4 to 16 for the stars) to several tens for large mosaics or decorative balls. Some models hold without glue, others must be glued or sewn to hold.

On the internet, you will find a large number of models of stars, rings and other mandalas. You will also see mosaics constructed from square, rectangular, triangular, hexagonal or any other shape.

You will also discover dozens of models of decorative balls, boxes or flowers in pieces and pieces. The variety is not lacking!



Ring « Yin Yang » design Aldos Marcell



Ring made of 18 rings design Mette Pederson



Among the great modular specialists, search the internet for the following names: Paolo Bascetta, Tomoko Fuse, Ekaterina Lukasheva, Aldos Marcell, José Meeusen, Mélisande \*, Francis Ow, Halina Rosciszewska-Narloch, Maria Sinayskaya, Vera Young and Flaviane Koti. Some have written magnificent books. You will have fun folding and your folds will make great gifts!

## 🔶 Brina Star, by Maria Sinayskaya

Here is a typical example of modular origami. Easy to make, savor the proposed variant. And then find your own variations!





36 Brina Star, Maria Sinayskaia


Modular origami 37



### Yes you can!

Naturally, mosaics, according to your creativity.



« Sudoku » 6-color display, recalled by 6 patterns. Based on a painting by Richard-Paul Lohse, exhibited at the Musée de Grenoble.



#### « Stop War »

Some details:

- 26x23 modules = 598 modules, folded into 8.5x8.5 cm squares.
- the table measures 95x95 cm and is mounted on a plexiglass plate of 1x1 m.
- words are also coded in Braille and Morse code.



And why don't you make a cube?

- 3 colors, to be distributed on opposite sides or on vertices,
- 6 different patterns (page 38) distributed on the 6 sides.

## The Chinese module

Very simple module, very simple assembly, but large number of modules to manage, here is the summary presentation of the Chinese module.

Incredible constructions are carried out, comprising tens of thousands of parts. The most classic for amateur origamists is the swan, whose overall and detailed photos can be found below.

It suffices to prepare 458 rectangular modules, for example of A4/16 size. Ten short hours of work (or pleasure), and this achievement will make you proud.



You can easily find swan making diagrams on the internet, using the keywords "chinese swan" or "chinese module".

You can also visit Stéphane Gérard's website: http://orizuka.free.fr. You will find the Chinese swan, and many other folds.

To find books, diagrams and photos of impressive achievements, use the keywords "*origami-3D*" or "*chinese origami*"



### **Constructions using bus tickets**

An abundant and pleasant material to fold is at your fingertips: any support (tickets, business cards, playing cards, advertising cards etc.) a little cardboard (but not too much), rectangular in proportions about 1: 2.

With a little imagination, you can make tables or objects based on cubes joined to each other by simple entanglement, without glue.

You will find, to follow, the description of the construction of a cube using 12 modules. Ideas for more complicated objects are given next.

Happy hunting for modules!

#### Folding tickets



Inside of a cube

Construction of a template



Insert the ticket to fold in the template, centered, well at the bottom



Fold the ticket



Folded ticket



Be careful to interlock the tabs

#### Blocking a cube



Insert a flap tab under the two tabs located on the same edge on the side to block.

Bend slightly the second tab of the flap and slide it under the two tabs of the opposite edge



Once the 6 faces blocked, the cube will be very strong.

Assembling two cubes



receiving tabs

It is recommended to perform the blocking as each cube is placed.



#### Menger Sponges built with bus tickets



order 2 3 456 tickets

> order 3 66 048 tickets



#### For further

The first Menger sponge of order 3 in paper was created by Jeannine Mosely in 2006. It used 66,048 business cards, of which only the white faces are visible. Michel Lucas built a Menger sponge of order 3 with 66,048 bus tickets in 2009. Go visit the website http://www.defi66000.fr

To get some more simple and fun folding ideas, do an internet search with "*metro ticket folding*".

# Menger sponge order 1

To build a Menger sponge of order 1, you have to create three layers of cubes. The lower and upper layers are formed from the same arrangement of 8 cubes. The middle layer has only 4 cubes, which will create the holes in the sponge.

The cohesion of the assembly will be ensured by the blocking of the external faces and of the faces bordering the holes. It is this blockage that will allow for any decor. It's up to you to imagine based on the tickets you have. Remember to use both the back and the place of the tickets to form patterns.

You will need 292 tickets, or business cards, or playing cards, or ...



#### 3 - construction of the upper layer

Create a crown of 8 cubes by hanging the corner cubes as you build.

The top is blocked (8 flaps), as well as the sides (12 flaps).

The hole is blocked (4 flaps).

#### 2 - construction of the middle layer

Build four cubes on the four unblocked faces of the bottom layer.

Only the side faces of the cubes are blocked.

The upper layer will be attached to the free upper faces.

#### 1 - construction of the lower layer

Create a crown of 8 cubes.

The bottom is entirely blocked (8 flaps), as well as the sides (12 flaps).

The hole is blocked (4 flaps), as well as the faces located in the middle of each side of the crown (4 flaps).

The cubes in the middle layer will hang on the corner faces.

Modular origami 43

## Walk in the land of folding



Escarabajo Violin design Manuel Sirgo



Dancing Cranes design Robert J. Lang



Horned Owl design Hideo Komatsu



Shore Crab design Pham Hoang Tuan



Glaucus Atlanticus design Andrey Ermakov



Peacock design Jun Maekawa

44 Walk in the land of folding

#### 3D balls, kusudama et other polyhedra

The use of decorative balls, called "kusudama", has been known for a very long time in Japan. Used in particular during big festivals, they gave life to a very important creative activity, still alive today.

The creation of a decorative ball is done in two steps:

- folding of a more or less large number of modules, depending on the assembly model chosen,
- assembly of modules. This assembly is done with or without gluing. Models without gluing are the most sought after, but sometimes give rise to acrobatic assemblies, the whole taking hold only when the last module is put in place\_! Furthermore, nothing prevents assembling as the modules are folded forward. Do as you see fit!

A great variability characterizes the modules\_:

- the starting format can be a square, or a rectangle with more or less simple proportions to obtain 1: 2, 1: 3, 1: 2, etc. The question of mass production of sheets in the right format then arises. Some effective methods are described on the following pages.
- the number of folds to be made can range from half a dozen to several tens! The folding phase of the modules can then take a considerable time.

Today, the most common assembly models use the properties of well-known polyhedra, such as for example the Platonic solids: tetrahedron, hexahedron (cube), octahedron, icosahedron, dodecahedron. Making cubes (6 or 12 modules) or dodecahedra or icosahedrons (30 modules) is a common activity. But there are also some realizations comprising several hundred modules, for example to model chemical molecules.

The inventiveness of the creators seems limitless. The most unexpected visual effects are sought, the variations playing on the color changes are countless. If the making of a kusudama can turn out to be somewhat off-putting, the result makes it a sympathetic and sought-after gift.

#### For further

You will find hundreds of models on the internet by searching with the keywords "kusudama origami". A wonderful trip!

Also visit the sites of some big names: Paolo Bascetta, David Brill, Tomoko Fuse, Denver Lawson, Thomas Hull, Ekaterina Lukasheva, Yoshihide Momotani, Meenakshi Mukerji, Natalia Romanenko, Maria Sinayskaya, Vera Young and Flaviane Koti ... and many more 'other!

Most have published very affordable books. Out of curiosity, look for John Montroll's book, which strives to fold polyhedra with a single sheet of paper, without cutting or gluing!

# ★ The Mitsunobu Sonobe module

Mitsunobu Sonobe was the first to design a very simple, but basic element of the construction of balls on the model of a large number of mathematical polyhedra. In particular, the Platonic solids (cube, octahedron, icosahedron, dodecahedron) now form the framework of a large number of decorative balls.



Many variations on the Mitsunobu Sonobe module can be found on the internet. They consist essentially, starting from two-tone sheets, of practicing folds and folds on the flaps, so as to reveal patterns of different colors on the result.



3D balls, kusudama et other polyhedra 47

# Construction of a decorative ball

Sonobe modules allow you to create many objects with a mathematical polyhedron structure. The choice of colors makes it possible to create magnificent decorative balls. You will learn how to build a ball with an icosahedron structure using 30 modules. Courage! the result is worth it.







a) start from a completed module

b) follow the diagram

completed module

1 - Assemble a round of 5 modules. The result is three-dimensional.



Assembly of 5 modules



Result, interior view

2 - Close the ring by creating 5 small pyramids using 5 modules joining one side with a free point



Assembly of 3 modules



Result, interior view

3 - Join the free points using 2 modules per pair of points. You build 5 new pentagonal faces and 5 pyramids.



In progress

4 - Build 5 new pyramids



5 - Form another 5 pyramids



Result, interior view



6 - Close completely



Two views of the end result



50 3D balls, kusudama et other polyhedra



3D balls, kusudama et other polyhedra 51



## **Create 2: 3 rectangles in a square**











10 modules 2:3 20 modules 1:3



3

## Walk in the land of folding

Warning! the basic modules used in these folds are not Sonobe modules. We can find dozens of others! Look for ...



Tourbillon design Meenakshi Mukerji



Variation on Little Island design Maria Sinayskaya



Twirled Ammonit design Krystyna Burczyk



Butterflies - type III design Tomoko Fuse



Tigra design Ekaterina Lukasheva



Bouquet design F. Koti and V. Young

Walk in the land of folding 53

### **Tsunagiori style folding**

n the book entitled *Hiden Senbazuru Orikata*, Gido Rokoan, a Buddhist priest who lived from 1761 to 1834, describes 49 models of cranes attached to each other by the wings, the beak or any other part of the body. The models are obtained from a single sheet of paper, using more or less elaborate systems of slits. This type of folding, called tsunagiori style (tsunagi: connect, ori: fold), makes it possible to constitute sets of cranes ranging from 2 to 97 in Rokoan's book. In practice, some models allow you to build sets as large as you want, by composing real tables.

Gido Rokoan's work was to imagine processes for obtaining sets of cranes attached to each other by a system of cutouts from a single sheet of paper. The basic principles of the tsunagiori style are as follows:

- use of a single sheet of paper, square or rectangular, of which no part is deleted,
- use of a cutting system to produce sets of squares (from 2 to 100...), a square which can lead to a traditional crane,
- use of different slot systems, allowing the cranes to be connected by the ends (wings, beak and tail) or by the body.

To do this, we cut out, in a single square or rectangular sheet, squares delimited by slots occupying almost all of the edges. In order to keep all the squares connected, we introduce connection points, that is to say vertices which are not fully released (slots ending a little before the vertex itself). Many variations are possible.

Very important: it is recommended to transfer in each square the outline of folds of the base of the bird (page 78) and to perform a pre-folding of the assembly before making the cuts.

Two generalizations are easy to implement and allow great creativity\_:

- use various arrangements, for example combining squares of different sizes,
- use models suitable for this type of assembly. For example, the lily, the casserole dish and the snowman by C. Boudias combine wonderfully well.

#### For further

G. Rokoan, Hiden Senbazuru Orikata, 1797, 66 pages, facsimile visible and leafable on http://www.origami.gr.jp/Model/Senbazuru/index-e.html

Michie Sahara and Masako Sakai have published two books incorporating all of Gido Rokoan's models, with very clear diagrams. Some models are incredible of invention.

### **Examples of crane layout**

Several parameters are involved:

- the number of cranes and their size,
- the type of slits, depending on whether they are on an edge or inside the sheet,
- the position of the crane,
- connection by beak, tail or wings.

Sazanami - Rippling Waves



Yottsu No Sode - Four Sleeves



Kazaguruma - The Windmill



4 cranes linked by the beak



4 cranes linked by the wings, 2 by the beak



4 cranes linked by the wings and the beaks





### Some layouts try

Two tips: don't forget to complete the canvas with the layout of each crane and pre-fold all the folds before making the cuts!



56 Tsunagiori style folding

## **\*** One solution, the withdrawal!

You can fold the table below. Pay attention to the slots and the arrangement of the heads.

The three mountain folds indicate that the flaps not carrying cranes must be folded back. In the diagram below, the three flaps are folded under the central crane, which gives a certain thickness for folding. Other solutions are possible, by slightly modifying the slit system. Try !



Asagao - Morning Glory photo page 87

## Three great models of Gido Rokoan

They are not necessarily the most difficult to fold, but they are beautiful!



*Hyakutsuru* The 100 Cranes



*Seikaiha* Blue Ocean Wave



*Tsuri Fune* The Fishing Boat

## Walk in the land of folding

Some folds in the Rokoan style, with a mix of genres!



Crane carying three lily flowers



Round dance around a flower



Pajarita with a flowery heart



Parasailing



Stickman and lily



First of rope Walk in the land of folding 59

#### Introduction to tesselations

Modular tesselating (French: *pavage modulaire*) has been practiced for a long time in origami, even if it was not known by this name. A typical example is the making of mosaics, with or without gluing, using square, rectangular, triangular or hexagonal tesserae of paper, and so on. Two examples are photographed on this page.

The appearance of the first origami tiling is attributed to Shuzo Fujimoto and Yoshihide Momotani. Made with a single sheet of paper, without gluing or cutting, these tables actually offer two works for the price of one:

- the crease pattern, which forms a tiling in the mathematical and graphic sense of the term. It disappears when folded.
- the result of the actual folding, which forms such an impressive tesselation, upside down and seen in transparency.

The twisting technique (French: *vissage*) is the heart of the realization of the tesselations. It allows you to create patterns that can be repeated endlessly (in theory!), in compositions with regular tiling or not. Master it!

Cubes, design Paolo Bascetta





After 'Cancion de la pajarita', design Assia Brill

#### For further

You will find countless achievements by searching the internet with "*origami tesselation*". Also look for the sites of Alessandro Beber, Joel Cooper, Ilan Garibi, Halina Ro ciszewska-Narloch, Eric Gjerde, Robin Scholtz. Some have published books that are a mine of ideas.

And do not miss the work of Lydia Diard, a great French artist, specialist in tesselations, whose patterns are in 3D. She is the only one in the world to create this type of tesselations.

## Twisted Squares, Shuzo Fujimoto

Basic technique highlighted by Shuzo Fujimoto, twisting (French: vissage) is one of the fundamental gestures of tesselations. Very simple in itself, twisting requires acquiring a little knack that must be worked. Persevere!



Introduction to tesselations 61

## ★ Orthogonal tesselation

Orthogonal tesselations are made using sheets which have been divided in both directions in multiples of 2 (in general). We speak, for example, of 8x8, 16x16 or 32x32 grid. The more the sheet is divided, the more patterns can be repeated. So, courage!

You will find below the pattern of folds allowing to realize a tight paving using the twisting of squares on the previous page. This crease pattern is presented on a 16x16 grid, but nothing prevents you from choosing other grids!



#### For further

Variations are possible, by playing on the arrangement of the square patterns: - regular tesselation, but keeping the patterns apart from each other.

- You can, for example, place them at 4, 5, ... units away.
- an irregular tesselation, by removing the patterns from different distances.

The result is always nice!

Look at these tesselations in transparency. You will be amazed!

## Create a hexagonal grid

The proposed method consists in creating valley folds by bringing together two consecutive mountain folds. Great folding precision is obtained, but this means that every other fold must be turned over to pass it from valley to mountain. The result is an accordion grid.

Some folders recommend using "neutral" grids, that is to say all of whose folds have been folded once in the valley and once in the mountains.





### Create a hexagonal grid in a rectangle

It is not essential to use a regular hexagon to create a hexagonal grid. Starting from a rectangle breaks the symmetries that are too present in a hexagon. You can see an example on page 69.



Introduction to tesselations 63

## Spread Hexagons, Yoshihide Momotani

Here is a model of tesselation that is both simple and spectacular. It lends itself to many variations. For your first try, start with a 16x16x16 grid.





Prepare the valley and mountain folds as shown. Start shaping the hexagon from side 2 by folding the sides down.



Keep folding down



Right side, prepare a 120 ° fold to one unit from the edge of the hexagon



Start flattening the whole



final result front view



Flatten everything



in progress

diagram and crease pattern after Eric Gjerde

64 Spread Hexagons, Yoshihide Momotani



result



result after the 5 other folds have been processed



open a point over a width of 2 units



fold back following the valley folds



flatten everything



upside down result start over the other 5 tips





final result front view final result back view

Now try with a 32x32x32 grid. The crease pattern is given on page 67. To create the tesselation on a 32x32x32 grid, we apply the techniques seen above: creation of spikes by folds at 120 ° then opening of the spikes.



central hexagon six spikes



twelve points for the next two rows



two rows completed



end result, front view



end result, back view



transparency, front view





transparency, back view



The folds around the edge depend on the finish of the fold

### Walk in the land of folding





Herringbone Pattern, design Lydia Diard



Rose Crystallisation design Toshikazu Kawasaki



Menger Sponge #1 design Alessandro Beber



back view

Diagonal Squares, design Shuzo Fujimoto

front view

Three examples of GMOs (Genetically Modified Origami), variants of classic tesselations. Author of diversions: Michel Lucas.





back view

OGM1049-LD-2013-757530 grid 64x64x64, angles 75°x75°x30°



front view

front view



back view

OGM1049-LD-2012a grid 64x64x64





OGMstarPuff-RK-2010 grid 50x50x70

### Crumpling

Resuming and surpassing the work of Paul Jackson, the Frenchman Vincent Floderer has developed, over the past few years, folding techniques from crumpling, pinching and twisting of the paper. These techniques make it possible to create new origami shapes, including flowers, mushrooms, sand roses, trees, corals or sea anemones. If the procedure is relatively simple, the results are very visually stunning. Crumpled origami favors the use of hitherto little-used papers: tissue paper, butcher or bakery wrapping paper, tablecloths, gift wrap or paper towels. An extraordinary world has appeared.

Note: the French origamists invented the word "froissage" (English: crumpling) to designate this type of folding.





#### The basic crumpling gesture

objective of creating a The multitude of small folds is obtained by tightening the part to be crumpled and by making a friction movement always in the same direction (no tight round trip) along the part to be treated.





Practice with papers of different tissue paper, or wrapping paper.





weights and sizes, such as kraft,



#### For further

You will easily find many examples of crumpled folding by searching the net with the words "crumpling origami". Many videos show how to get beautiful wrinkles.

The site http://www.le-crimp.org of the International Research Center for Folding Modeling (CRIMP), in addition to magnificent photos, gives the list of its members. Hours of hunting for beautiful photos in perspective!





### **Crumpling a paper towel**

The following folding is the basis of many crumpled creations. The principle is very simple, and encourages to make many tests, with any paper.



2 - Tighten strongly, open a little, crumple. Repeat several times.



Result



4 - Mountain pinch the separation folds.



3 - Open without flattening



5 - bring the points closer together while digging the pockets


Nearly spaced tips



6 - Tighten, crumple



8 - Tighten, crumple...



Bottom view



7 - Open a little Reform the mountain folds



And There you go!



This process, popularized by Vincent Floderer, can be generalized.

Use large sheets (tissue paper, paper tablecloths) and produce checkerboards of 4x4 boxes (or more). Several examples are given on page 74.



8 flowers silk paper



Crmpled flower kraft paper



crumpling in transparency woven paper



16 flowers paper tablecloth



a thousand folds butcher paper



Boarding School paper tablecloth

### **Folding books**

Who has not seen hedgehogs made from books at school or retirement homes? It is a fun and friendly activity, but it hides the tree of creations made by folding the pages of books.

Indeed, real works of art created by great artists can be found on the internet. Books ready to fold are starting to appear in bookstores. So why not give a second life to books you will no longer read? Folding a book takes creativity, time, care, but the result makes an unexpected and surprising gift.

This area of paper folding has still been little explored. However, the basic principles are very simple:

- give a shape (shapes) to each page (a rectangle in general), playing with the constraint of the fixed edge. It is a matter of a few folds.
- draw a visual landscape using all the folded pages.

Finally, the difficulty of folding books is not so much in technique as in the inventiveness and creativity of the origamist. Then you can do it!



#### For further

The pioneer in the field is Brig Laugier. In Google, search for "*Brig Laugier*", then click on "*images*".

We can easily find other examples on the internet with the keywords "*folded books*". Some are amazing to watch!

A book on making folded books, "*How to Make Folded Books*", by Heather Eddy, is available on the internet. Many videos show how to do this. Watch Hanny Trompke's technical lesson.

### Folding a page

Here are some things about folding a single page. The folds can be valley or mountain. Your choice is part of the aesthetic possibilities.



76 Folding books



### Folding a set of pages

It is the folding of all the pages of the book that will form the visual landscape.

We will have to manage the drawings formed by the points of the successive pages:

- the closed points will form lines,
- the open points will make it possible to form "surfaces",
- it will suffice to mix the patterns to obtain a beautiful image.



close points series



open points series



mixed points series





two series system



three series system

To create landscapes, use a series of spikes. A series is used to create a pattern (continuous line, surface, ...). Just fold one page per series and start again until the end of the book. For example, to manage three series, we will use groups of three pages to gradually form the pattern.

Some examples of folding books. There is space for your creativity!















#### Notion of crease pattern

The invention of diagrams brought about a revolution in the world of paper folding. For years, the diagram has been the only way to describe how to fold, apart from photo-diagrams or videos. Considerable progress has been made in the area of drawing diagrams:

- highlighting the importance of the folding sequence,
- development of an internationally recognized solfege of folding machines,
- transition from drawing by hand to drawing assisted by computer.

It quickly became apparent that making diagrams required a lot of time and care, and some creators began to leave the diagrams of their models to others than themselves, preferring to devote all their time to creation.

Furthermore, the progress made in mastering folding techniques (in particular accordion folding) and the growing number of seasoned folders and folders have led to the appearance of what have been called **crease patterns**. (French: *canevas de plis*, CP). A crease pattern is the drawing (not always exhaustive) of the valley and mountain folds to be made in order to go from the blank sheet to a given stage of folding. It is sometimes the only document describing a complete folding. For example, the tesselations are all described by a crease pattern. It only remains to find the folding sequence! Solving a complex crease pattern is a classic test of the International Origami Olympiad by Internet (IOIO).

Relatively reserved for connoisseurs at its beginnings, the crease pattern quickly became a tool for designing models, analyzing the general structure of a fold (location of points, for example). Aid software for drawing crease patterns, capable of verifying whether the drawing corresponds to a foldable model, and, sometimes, of showing the result of folding have been made available to the creators. It is fascinating to listen, during meetings of origamists, people debate the elegance of a crease pattern or the improvement of such or such point of the structure by studying the projection on the big screen of a crease pattern with hundreds of lines!

Solving a crease pattern generally goes through the following steps:

- making a grid,
- pre-folding of valley and mountain folds,
- progressive folding of the crease pattern.

Once this is completed (sometimes a few hours ...), it only remains to do the shaping and modeling. But we can start more modestly! In the following pages, you will find the crease patterns of some traditional bases. Knowing how to recognize them at a glance saves time for understanding a fold. You will then find the crease patterns of some models presented in this book. Try! Persevere! You can do it!

## **Crease pattern of traditional bases**

Below are the most common base crease patterns. Each crease pattern is accompanied by a number identifying the page containing the base described. To identify this base, start folding the mountain folds of the canvas, then gradually complete with the valley folds.



80 Notion of crease pattern

# **★** Examples of crease patterns

The crease patterns on this and the next page correspond either to diagrams or to photos. Try it, you will be able to fold them.





page 59



#### Neil Armstrong, Michel Lucas



This model obtained a gold medal at the International Olympiad of Origami by Internet (IOIO 2015) in the category "personal creation". The imposed theme was "Space Sweet Space".

Made in a sheet of kraft paper 50x50\_cm, it has the originality of mixing a geometric part (the trace of the sole) and a crumpled part (the ground of the moon).

Below is a fairly coarse fold pattern. There is no particular difficulty. It's up to you to create a beautiful collection of footprints!





Scarlet Oak Leaves design Jens-Helge Dahmen



Orchid, design Alexander Oliveros Avila



Turtle, design Éric Joisel



Roses, design Naomiki Sato



Owl design Sébastien Limet

84 Walk in the land of folding

### To go out into the beau monde

This collection is necessarily limited. However, if you have understood and happily practiced the techniques it contains, you can go ahead and look for other models on your own. Some tracks:

#### \* to see nice foldings

- Robert J. Lang's site, which takes stock of the state of the art of paper folding seen by a great creator. The reference\_! http://www.langorigami.com/
- the site of Mukerji Meenakshi, which offers photos of folding of his creations and, regularly, the 20 most beautiful photos of folding of a given theme http://www.origamee.net/
- the rendering by the best folders of the world of the tests of the International Olympiad of Origami by Internet (IOIO International Origami Internet Olympiad) at the address https://www.flickr.com/groups/ioio2016/ or / ioio2017 /

#### \* to find diagrams

- David Petty's site: http://www.davidpetty.me.uk/ a treasure made up of diagrams of traditional models (almost 200!)
- the Origami Resource Center site: http://www.origami-resource-center.com/
- the Origami Club site: http://en.origami-club.com/

#### \* to practice video lessons

- Jo Nakashima series: https://www.youtube.com/user/jonakashima/
- Leyla Torrès series: http://www.origamispirit.com/
- Sara Adams series: http://www.happyfolding.com/
- Jeremy Shafer's series, full of inventiveness and fantasy: https://www.youtube.com/user/jeremyshaferorigami

#### \* to walk on the internet

- Launch your favorite search engines with keywords to sort through the responses. Systematically put the word origami: "*origami flowers*", "*crane origami*", "*lily origami*", "*rose origami*", ... You will collect ideas by the thousands!

#### \* to find out the content of books, magazines and other resources

Consult (among others) the following bibliographic referencing sites:

- Gilad Aharoni's site, which, according to its creator, houses the largest catalog of journals and books, as well as numerous photo galleries. A wealth of information: http://www.giladorigami.com/
- Michel Lucas' site, which also gives access to a list of recommended books: http://www.bibliogami.fr,

Happy hunting!

## Some famous names in the Art of paper folding

Sara Adams, England	8	85
Gilad Aharoni, Israel		.85
Paolo Bascetta, Italy	45,	60
Alessandro Beber, Italie	60,	68
Christophe Boudias, France 5,	32,	33
Assia Brill, England		60
David Brill, England		.45
Krystyna Burczyk, Poland		53
Victor Coeurjoly, Spain		.17
Joel Cooper, USA		.60
Jens-Helge Dahmen, Germany		84
Francesco Decio, Italy	. 19	,20
Eric D. Demaine, USA		.27
Roman Diaz, Uruguay	.17,	87
Lydia Diard, France	60,	68
Andrey Ermakov, Russia	.29,	44
Vincent Floderer, France	.70,	73
Peter-Paul Förcher, Austria		28
Shuzo Fujimoto, Japan5,	61,	68
Tomoko Fuse, Japan	45,	53
Ilan Garibi, Israel		60
Stéphane Gigandet, France		39
Florence Girard, France		17
Eric Gjerde, USA5,	60,	64
Carlos Gonzalez Halle, Spain		87
Koshiro Hatori, Japan		27
Pham Hoang Tuan, Vietnam		44
Thomas Hull, USA.	24,	45
Max Hulme, England		.87
Humiaki Huzita, Japan		27
José Angel Iranzo, Spain		29
Éric Joisel, France	29,	84
Jacques Justin, France		27
Satoshi Kamiya, Japan		87
Toshikazu Kawasaki, Japan		68
Hideo Komatsu, Japan		.44
Flaviane Koti, Brazil	53.	87
Michael G. LaFosse, USA	,	2
Robert J. Lang, USA 2, 17, 27,	44,	85
-		

Brig Laugier, France75
Denver Lawson, England45, 87
Sébastien Limet, France
Ekaterina Lukasheva, Ukraine 34, 45, 53
Kalei Anne Lundberg, USA
Aldos Marcell, Brazil
José Meeusen, Holland
Mélisande*, Switzerland34
Yoshihide Momotani, Japan 45, 65, 86
John Montroll, USA45
Emmanuel Mooser, USA29
Jeannine Mosely, USA42
Meenakshi Mukerji, USA45, 53, 85
Kouji Nakagawa, Japan 2
Jo Nakashima, Brazil85
Joseph O'Rourke, USA27
A. Oliveros Avila, Colombia84
Francis Ow, Hong-Kong5, 12, 34
Mette Pederson, USA 34
David Petty, USA85
Bernie Peyton, USA 17
Samuel L. Randlett, USA8
Gido Rokoan, Japan54, 86
Natalia Romanenko, Italy45
Halina Ro ciszewska, Poland34, 60
Naomiki Sato, France
Robin Scholtz, Germany60
Dasa Severovà, Slovaquia2
Jeremy Shafer, USA5, 30, 85
M. Sinayskaya, South Africa . 5, 34, 45, 53
Manuel Sirgo Alvarez, Spain2, 44
Mitsunobu Sonobe, Japan 5, 46, 48
Tomohiro Tachi, Japan27
Nicolas Terry, France17
Leyla Torrès, USA85
Eric Vigier, France17
Akira Yoshizawa, Japan8
Vera Young, Brazil34, 45, 53, 87
Jozsef Zsebe, Hungary17

This list is only a tiny part of the long list of all actors in the field. There are many others! Look for them ...

### Who are you Michel Lucas?



Teacher-researcher in computer science having started in 1966 at the university, then in an engineering school until 2004, I had the chance to experience a first permanent revolution.

I came across origami by chance in 1980, following the acquisition of books by Robert Harbin, then by John Montroll. Become an inveterate bender, I am happy to live another permanent revolution, that of the art of folding paper, whose technical and artistic progress never cease to amaze me.

A large accumulator of books (almost 250 now!), I quickly became a jack-of-alltrades in paper folding. I am interested in the various branches which are explored by the great master folders, which allows me to constitute a collection of foldings in perpetual renewal. My site http://www.bibliogami.fr can attest to this.

To publicize the modernity of this art, I lead various and varied workshops. I also do exhibitions in the salons of collectors, which allows me to reach a varied audience, often incredulous when I say that this or that folding is done in a single sheet of paper.

My greatest pride is the success of the *Aveuglami* project, launched in 2004. Since that date, I regularly lead workshops for the blind. What a pleasure to see them folding models of easy to intermediate level today, even to animate, in their turn, workshops of origami! The site http://www.aveuglami.fr gives all the information on this activity.



Asagao - Morning Glory design Gido Rokoan



Morning Glory design Yoshihide Momotani



Kusudama « rose Mariquinha » design F. Koti et V. Young



Bugatti Royale design Carlos Gonzalez Halle



Bull Frog design Roman Diaz



Lyrebird design Satoshi Kamiya



Staunton Style Chess Set design Max Hulme



Artichoke design Denver Lawson

I would like to thank all those who contributed to the realization of this project and who will recognize themselves. Special mention to Christophe Boudias, Francesco Decio, Eric Gjerde, Francis Ow, Jeremy Shafer and Maria Sinayskaia who authorized me to publish their models or their diagrams.